### **Frequently Asked Questions**

#### How does PRO-NOX™ work?

Nitrous Oxide diminishes pain and pain awareness and relaxes feelings of anxiety by triggering the release of endorphins and dopamine in the brain. It moves quickly from the lungs to the blood, providing rapid relief after just 2-5 inhalations.

#### Does PRO-NOX™ have side effects?

Some patients report nausea, but taking a few deep breaths without the mouthpiece or mask to your mouth will eliminate this feeling. Speak to your provider about any contraindications.

## Do I breathe from the PRO-NOX™ during the entire procedure?

No, breathe from the system as you need it for relief or as directed by your provider.

### Are there any special preparations to use the PRO-NOX™?

No, there is nothing you need to do prior to, or in preparation for, using the system.

### Can I drive myself home after the procedure?

Yes, unless directed otherwise by your provider. The N2O effects subside in a few minutes of breathing without the mouthpiece or mask.

# Relieve GYN Procedure Pain & Anxiety with PRO-NOX™



### Contact us to discuss your options

#### **Sandy Springs**

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#### Alpharetta

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### PRO-NOX ™

FOR PAIN AND ANXIETY
DURING GYN
PROCEDURES



### **Introducing** PRO-NOX™

### What is PRO-NOX™?

- Self-administered pain and anxiety relief
- PRO-NOX™ delivers a fixed amount of 50% nitrous and 50% oxygen. It has a quick onset, short duration of effect, and is self-administered (under the supervision of staff).
- Reduces the need for anti-anxiety meds and pain medication administration.
- Quick, effective, and short recovery --you can drive yourself to and from your appointment!
- It's Analgesia, not Anesthesia!
- You are alert and aware of your surroundings while the procedure is being performed.

#### What is PRO-NOX™ used for?

PRO-NOX™ is utilized at our office during certain GYN procedures, including, but not limited to, the following procedures:

- IUD Insertions
- Endometrial biopsies
- Saline-Infused-Sonohystograms
- Colposcopies

### Is Nitrous Oxide Safe?

The 50/50 mix of Nitrous Oxide and Oxygen has been used around the world for decades. Studies have shown that it is nonaddictive and even decreases the need for other pain medication, like pills.

This pain management alternative has been used in a variety of facilities including aesthetics, labor and delivery, orthopedics, plastic surgery, urology, dermatology, hospitals and surgery centers.

### **Quick and effective** recovery!

The effects are typically felt within just a few breaths through a mouthpiece or mask offering immediate relief of pain and anxiety. No needles or pills. When the pain subsides, take a couple of breaths without the mouthpiece or mask and the N2O is expelled from your body within a few minutes so you can drive yourself home.

Our patient's safety, comfort, and satisfaction are our top priority.

### Cost of PRO-NOX™

PRO-NOX™ is not covered by insurance and will be available for a self-pay fee. You will be required to pay for the service prior to administration and procedure.

### **Availability in Office**

PRO-NOX™ is available at our Sandy Springs office conveniently located near Northside Hospital. Please alert our schedulers that you want PRO-NOX™ during your procedure so we can schedule your appointment accordingly.







### **Contraindications to PRO-NOX™**

We will review your health history prior to administration. Patients who are pregnant, have hypersensitivity to nitrous oxide; decompression sickness; some ear conditions, like infection or blockages, are not candidates. Patients who have had prior abdominal surgery like gastric bypass should also not use PRO-NOX™.