

Early Childhood Resources

Baby and Child Nutrition:

1. <https://picky eaterblog.com/>
2. <https://www.superhealthykids.com/>
3. <https://yourbloomnutrition.com/>
4. <https://mamaknowsnutrition.com/>
5. <https://kidseatincolor.com/>
6. <https://weelicious.com/>
7. <https://www.feedinglittles.com/>- Online course taught by dietician and occupational therapist
8. Bilingual resource- <https://www.nutrichicos.com/>
9. Book- Baby-Led Feeding: A Natural Way to Raise Happy, Independent Eaters by Jenna Helwig
10. Book- Feeding baby green and Raising baby green by Dr. Alan Greene
11. Early introduction to peanuts- <https://preventpeanutallergies.org/>

Sleep consultants:

1. Moms on call- <https://momsoncall.com/>
2. Taking care babies- <https://takingcarababies.com/>
3. Wee Bee dreaming- <https://www.weebedreaming.com/>

Sleep Books:

1. The Happiest baby on the block by Harvy Karp
2. Healthy sleep habits, Happy child by Dr. Marc Weissbluth
3. Moms on call by Laura Hunter and Jennifer Walker