

MATERNITY RESOURCES

at Northside

Visit our website at www.northside.com/MaternityResources for a wealth of information.

Online pre-registration

eBooks to get you started



Getting Ready for Your Baby
Pre-registration and more.

Great Expectations
An eBook Guide to Enjoying your Pregnancy.

New Beginning
An eBook about mom and baby care.

Postpartum Education
Videos with chapters about mom and baby care.

Interactive learning



MothersFirst Classes
Classes covering childbirth, breastfeeding, baby care, parenting and more.

Motherhood eLearning
Interactive eLearning program, a great alternative when you cannot attend a traditional childbirth class.

Breastfeeding eLearning
Get off to a good start breastfeeding with this FREE online introductory course.

Hospital Tours
Tour the hospital before your birth.

Sign-up for a class

Take a tour



NORTHSIDE HOSPITAL